



ANNUNCIATION CATHEDRAL HERALD



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June 2005

ANNE AND ANGELO MOUNTANOS LEAVE \$5 MILLION TO SAN FRANCISCO'S ANNUNCIATION CATHEDRAL

Following is a release sent out on May 5, announcing the bequest of the late Angelo and Anne Mountanos:

San Francisco's Greek Orthodox Annunciation Cathedral recently learned that its Building Fund is poised to receive approximately \$5 million, based on asset values, in accordance with the terms of the **Angelo T. Mountanos and Anne Psaltis Mountanos 1999 Revocable Living Trust**, as amended. A portion of the proceeds will devolve to the Cathedral from the Angelo T. Mountanos Exemption Trust, while most of the of the proceeds will come from the Anne Psaltis Mountanos Survivor's Trust. The majority of the funds were invested in San Francisco real estate. Life-long residents of San Francisco, and parishioners of the Annunciation Cathedral, Angelo died in San Francisco on September 5, 2002, while Anne died in New York on August 7, 2004, after attending the Clergy-Laity Congress and National Philoptochos Convention, to which she was a delegate.

Married for nearly forty years, Angelo and Anne shared many hobbies together, including reading, stamp collecting, traveling as well as investing in and maintaining real estate.

Upon making the announcement of the bequest, just prior to Pascha (Easter) services (This year Orthodox Christians celebrated Easter on May 1.), the **Reverend Stephen H. Kyriacou**, Dean of the Cathedral, asked worshipers to pray for the repose of their souls as they acknowledged Angelo and Anne as **Grandest Benefactors of the Cathedral**. The bequest is the largest in the Cathedral's history, and will significantly enable the rebuilding of the Cathedral's church, lost to the 1989 Loma Prieta Earthquake.

Angelo Mountanos was born in San Francisco in 1923 to Anastasios (Tasos) and Erasimia Mountanos. After his primary education in San Francisco schools, Angelo attended Stanford University, from which he was graduated in 1947, with a degree in journalism. While at Stanford, Angelo became business manager of the Stanford Daily. His experience and, in general, his education, enabled him to expand his father's periodical, **California**, which served the Greek American Community. The following year, Angelo inaugurated the daily Greek American Radio Hour, which ran for thirty-seven years.

Together with Anne, whom he married on February 2, 1963 at the Annunciation Cathedral, Angelo was proprietor for several decades of Greek Imports, a business begun by his father (then known as Mountanos Imports). In 1949, the business was moved to Eddy Street, where "Greek town," a cluster of Greek-owned businesses, were relocating, from the south of Market. Greek Imports featured Greek food items, music, clothing, Greek novelty items, and Greek Orthodox religious items, as icons, censers, marriage.

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CATHEDRAL BIDS FAREWELL TO CONSUL GENERAL TOULOUPAS AND HIS FAMILY

On Sunday, June 5, the Annunciation Cathedral community will bid farewell to the **Honorable Consul General of Greece and Mrs. Touloupas**, and their family, as they leave San Francisco for Ankara, Turkey, where the Consul General will take up his new post. The coffee hour following the Divine Liturgy, jointly sponsored by the Cathedral Ladies Philoptochos and the Parish Council, will be held in honor of the Touloupas family.

Parishioners and friends of the Cathedral are invited to attend and bid "eis to epanidein" ("until we see one another again") to this special family.

STAVROULA "LILLIAN" HAMBERIS PROCLAIMED 2005 MOTHER OF THE YEAR

Saturday, May 7 was a beautiful day. The Cathedral's Korinthias hall was filled with over 300 guests, eager to attend the annual **Mother's Day Luncheon and Fashion Show**, sponsored by the Cathedral's Ladies Philoptochos. The lunch was wonderful, as were the fashions, the raffle prizes, and many hats and other wardrobe items of the late **Anne Mountanos**, billing the event as "Hats Off to Anne."

As we got underway, and before **Father Gregory Ofiesh** rose to offer the invocation, **Father Stephen Kyriacou** proclaimed our 2005 Mother of the Year. She is **Stavroula "Lillian" Hamberis**. As she came forth, to a resounding applause, to receive her plaque from Philoptochos President **Angie Leventis**, Stavroula thanked everyone for the honor and reminded us that, above all, thanks is due to the greatest of mothers, the **Theotokos and Ever-Virgin Mary, the Mother of God**.

Stavroula is a woman of great faith. She also has a very interesting story. She was raised, as her entire family was, before her, way up in the Timphristos Mountains of Central Greece, near Karpenisi, in a village named Aghios Flaxena. She was the second oldest of eight children. However, Stavroula was not born in Greece; she was actually born in Fayetteville, North Carolina—the only member of her family to be a natural American citizen. Before the outbreak of World War I, her mother left Greece for America, she met up with her husband, who himself had left Greece earlier to find work, as so many Greek men did in those days. She gave birth to Stavroula. This providential birth later helped save her life as well as the lives of members of her family.

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For decades, Greek Imports also supplied these items at festivals sponsored by the various church communities in the Bay Area and beyond, as well as in state fairs throughout the Western States.

Angelo served his country, as a member of the U.S. Navy, which stationed him in the Philippines during the Second World War. He also served the local community and, in particular, the Church, as President of the Cathedral's Parish Council, the St. Nicholas Ranch and Retreat Center, in Dunlap, California, as a member of its Board, and as a member of the Diocesan Board, an advisory body to the Bishop. In addition, Angelo served as President of the Golden Gate Pacific Chapter #150 of the Order of AHEPA (American Hellenic Educational and Progressive Association), Past District Governor of the Order of AHEPA, District #21, Past Supreme Governor and Past Supreme Treasurer of the Order of AHEPA.

He was also a member of Columbia Lodge #388 F&AM and Scottish Rite Bodies, the Yerba Buena Angling Club, SIRS #4, a Veteran of WW II and a member of the American Legion Hellenic Post #, the World Trade Club and the Olympic Club.



Anne Psaltis Mountanos was born in San Francisco August 3, 1925 to Vasilios and Evdokia (Malliaris) Psaltis. She was also known as Anna Protopsaltis. Her godfather was Spyridon Calofonos, an early founder of the Cathedral. Her mother was one of Annunciation's first Sunday School teachers.

Anne attended St. Agnes Elementary School and graduated from Lowell High School in 1944. She received her BA degree and elementary credential in 1953 from San Francisco State College. She also attended City College of San Francisco and the University of California. In 1952 she attended Carnegie Institute of Technology, taking courses in piano. She received her Masters of Arts degree in 1959 from Columbia University in New York City. Anne began teaching in 1953 at Emerson Elementary, but spent most of her years teaching at Cobb Elementary School.

Anne was a member of many organizations, includ-

ing the Kytherian Society, the Daughters of Penelope, the Annunciation Cathedral Ladies Philoptochos (women's auxiliary, lit. friend of the poor), where she served as President of the Board for two terms, the Saints Constantine and Helen Church, in Vallejo, where she served as President of its Parish Council, the Olympic Club, and the World Trade Club. She also served as Chairperson of the Cathedral's scholarship and nominating committees. Anne would also accompany the priest on visits to shut-in and home bound parishioners and was perhaps best known for her passion for Roberts Rules of Order and their application to church meetings on local as well as national levels.

Anne was very fashionable, loved color, and was fond of hats. We all have memories of Anne in her hats, and perhaps remember a personal favorite. A number of her hats were featured at the Luncheon and Fashion Show, sponsored by the Annunciation Cathedral Ladies Philoptochos, in the Cathedral's Korinthias Hall on May 7. The event was billed as, "Hats off to Anne."

The Annunciation Cathedral has completed construction of its ancillary facilities. It is now undertaking the process of designing the sanctuary, as well as an on-site parking facility for 150 vehicles. Located in San Francisco's historic Mission District, the Cathedral serves as the ecclesiastical center of the Metropolis of San Francisco. The Metropolis of San Francisco, together with the Direct Archdiocesan District, headquartered in New York, together with the Metropolises of Chicago, Pittsburgh, Boston, Denver, Atlanta, Detroit and New Jersey, comprise the Greek Orthodox Archdiocese of America. His Eminence Gerasimos, who was enthroned April 2, 2005, following the death on Christmas Day, 2004 of Metropolitan Anthony, is Metropolitan of the Metropolis of San Francisco, which has jurisdiction over the seven Western States.

PARISH ASSEMBLY CONVENES, ELECTS NOMINATING COMMITTEE, RECEIVES REPORT OF BOARD OF AUDITORS

On Sunday, May 15, the Annunciation Cathedral convened its first Parish Assembly for 2005. In addition to hearing various reports on the status on progress of our community, the Assembly also elected three members to the Nominating Committee. The Nominating Committee will identify individuals who are qualified and willing to run for Parish Council for the next two years. Eight members will be elected. Elections will take place on Sunday, December 11. The members of the committee are: **George Mattis, Susan McLaughlin, and Ted Leventis.** The members will also form the Board of Elections, which will oversee the December 11 elections.

In addition, the Assembly received a report from the church's Auditing Committee. This committee reported: "Overall we find the accounting system and general procedures to be in good order." It also made the following recommendations:

1. Scan all invoices so they can be filed on a monthly basis to enable the audit committee to have a better paper trail;
2. Write off all checks that are over six months old that have not been cashed by recipients; and
3. All employees who have access to cash should be bonded.

Angie Leventis and Nick Svetcoff comprise the Board of Auditors. The work of compiling and auditing on an ongoing basis is overseen by **Tarlson Associates.**

The second Parish Assembly will take place on Sunday, November 20, following the Divine Liturgy.

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When Stavroula was two years old, her mother, missing her home and family in Greece, took Stavroula and moved back to her village in the mountains, where Stavroula lived for the next eighteen years, helping her mother raise her family. Because of the outbreak of the

Second World War and the destruction of many of the nearby regions by the Germans, Stavroula was able to use her American citizenship to flee her war-torn village and make safe passage back to Fayetteville. Later, she brought her younger siblings, sparing them from the fate of many in the area who were killed or starved to death due to the ravages of the War.

In 1942, while attending a wedding in Fayetteville, Stavroula met Gus Hamberis, her future husband, who had been visiting from San Francisco for the marriage of his brother.

A year later, he returned and asked Stavroula's father for her hand in marriage. During their thirty-five

years together, Stavroula and Gus owned and operated a number of cafes and restaurants in San Francisco, with their children working right along with him. After Gus' passing in 1976, Stavroula sold the business and retired to take care of her home in the Inner Sunset and the commercial and residential rentals that went along with the building. Since 1976, Stavroula was able to do some traveling, to places such as Brazil, Argentina, Costa Rica, Panama, Egypt, Canada, parts of Europe and Africa, Greece, and her favorite, the Holy Land, which she visited four times. Since then, she has enjoyed her grandchildren and her church, from which she is seldom absent.

Stavroula has four children, seven grandchildren, two great-grandchildren, with two more on the way, and is Godmother to six people, here and in Greece. Since 1943, she has been a member of the Annunciation Cathedral, where all four of her children and a number of her grandchildren were baptized. Stavroula supports many charitable organizations. She has many friends, of different faiths, ages, colors and nationalities, and is loved for, among other things, her great sense of humor. **AXIA!**

PHILOPTOCHOS ELECTS BOARD/NEW OFFICERS

On May 19, 2005, the Cathedral Ladies Philoptochos elected a new Board for the years 2005-2007. The Board consists of **Patricia Aleck,**

Ackie Argyres, Mauna Arnzen, Mariam Arsinoos, Nan Cusulos, Katherine Dermitzakis, Patricia Destein, Anna Dricos, Despina Kokalis, Angie Leventis, Helen Markanton, Susan McLaughlin, Helen Nicklas, Teia Nuris, Tessie Obester, Connie Panagotacos White, Efstratia Soultanakis, Foula Vasilogiorgis, and Georgia Vouchilas.

Following the administration of the oath of office by **Father Stephen** on May 25, the Board elected its officers for the next two years. They are: **President: Angie Leventis; First Vice President: Katherine Dermitzakis; Second Vice President: Efstratia Soultanakis; Recording Secretary: Ackie Argyres; Corresponding Secretary: Patricia Destein; Treasurer: Mauna Arnzen; Assistant Treasurer: Tessie Obester; and Advisor to the Board: Connie Panagotacos White.** Some are pictured below.

FATHER'S DAY LUNCHEON

On Father's Day, Sunday, June 19, 2005, we will be hosting a luncheon and we will also be honoring the *Father of the Year* for 2005. Please plan to attend this wonderful event to honor not only the Father of the Year, but all Fathers. The donation for this luncheon is \$10 for adults and \$5 for children.

*Congratulations
and thanks
for all
you do!*



PHILOPTOCHOS SOCIETY ANNUNCIATION CATHEDRAL SCHEDULE - 2005 **Revised**

DATE	TIME	OCCASION
Sunday, June 5	12:00 noon	Social Hour for Greek Consul Gen. Touloupas Bon Voyage Sponsored By: Cathedral
Sunday, June 19	12:00 noon	Father's Day Brunch - Name <u>Father of the Year</u>

FOCUS ON YOUTH

SUNDAY SCHOOL GRADUATION JUNE 12

The Cathedral's Sunday School program draws to a close on Sunday, June 12. Diplomas/certificates of attendance will be passed out and everyone will be treated to a picnic lunch, compliments of the Sunday School. Students are invited to wear your Sunday School pins, which you have been receiving over the last few years.

Sunday School will resume in September. On Sunday, September 11 we will hold registration. And, on Sunday, September 25, we will resume class. We will also be "separating" our Sunday School into an "upper school" and a "lower school," for purposes of assemblies, practices, and attendance at the Divine Liturgy. The upper school will be comprised of students in 5th grade through high school, while the lower school will be comprised of students in Pre-school through fourth grade.

With some 125 children enrolled, we are also in need of six new Sunday School teachers next year, and especially for a teacher for our high school. We are asking you to think about making this commitment, especially if you are a parent and possess some expertise in the area of teaching. It is important that we offer our children not just a sacred place—the church building—but also the knowledge, that they "may grow in the grace and [in the] knowledge of our Lord and Savior Jesus Christ." (2 Peter 3:18)

Please give consideration to the following article by **P. McCarthy**, taken from **Teachers Magazine**. It is entitled "Choosing to Teach."

"Not only my 'book knowledge,' but also my sense of self, my values and principles were shaped and refined through relationships with them.

Over time I came to realize how important good teaching is to the development of individuals and, ultimately, to the evolution of society. In whatever small way I could, I wanted to pass on that opportunity.

On a more selfish level, I enjoy and recognize that the role of teacher and student are really one. Learning always takes place in both directions and it is always new and unpredictable.

A philosopher once said, "You can never step into the same river twice." [The Greek philosopher Heraclitos] Applied to teaching, I think it means that there is always another way to use an idea, and always unique and unanticipated reactions by the learners.

The question of how people learn is also fascinating. Part of the challenge is that teaching involves not only bodies of knowledge, but the ability to communicate knowledge through the student-teacher relationship.

"Setting the conditions" for learning is never easy, and never exactly the same. Maybe that is because it is not just the transfer of information that is taking place, but also the transformation of human beings."

If you believe you are being called to teach, we invite you to speak with **Father Stephen** or with **Denise Yeilding**, our Sunday School Director.

GREEK SCHOOL ENDS FOR THE SUMMER

Greek School classes concluded on May 25th, both for our grades 1-8 program and for adults. Classes will resume Wednesday, September 14. We look forward to the return of our current students as well as to the enrollment of new students. Classes are being taught by **Fiori Simotas**.

SUMMER CAMP: ANNUNCIATION CATHEDRAL'S SIXTH ANNUAL FAMILY CAMP AT CASSINI RANCH

Young people of our community have three camp options. One is our own family camp, which for the last few years has been held at the Cassini Ranch along the shores of the Russian River. This is a six day, five night program and it will take place August 5th through August 10th. **John Curd** will be our Camp Director this year, in **Ari Stratakis'** absence. (Ari and his family will be on vacation.) While families stay in tents, facilities at the camp site include a general store, hot showers, a laundromat, and playground. The cost is modest. For a family of two persons, the cost is \$360; for a family of three persons, it is \$380; for a family of four persons, it is \$400; and for a family of five persons, it is \$420. The price includes all meals, but not the tent. Reservations and fees are due by July 1, 2005. For reservations and information, please call **Ari Stratakis**, at 650 737-0430 (daytime) or 650 588-5072 (evening). Space is limited. Reservations are first come, first serve.

ST. NICHOLAS RANCH & RETREAT CENTER, IN DUNLAP

A second option is the camp held at the St. Nicholas Ranch and Retreat Center, in Dunlap, California. For the camp at St. Nicholas Ranch, you are invited to log onto their website, www.stnicholasranch.org. There, you will find a full description of this year's programs (there are three—one runs from July 10 through July 16; the second runs from July 17 through July 23; the third runs from July 24 through July 30), including photographs and an application.

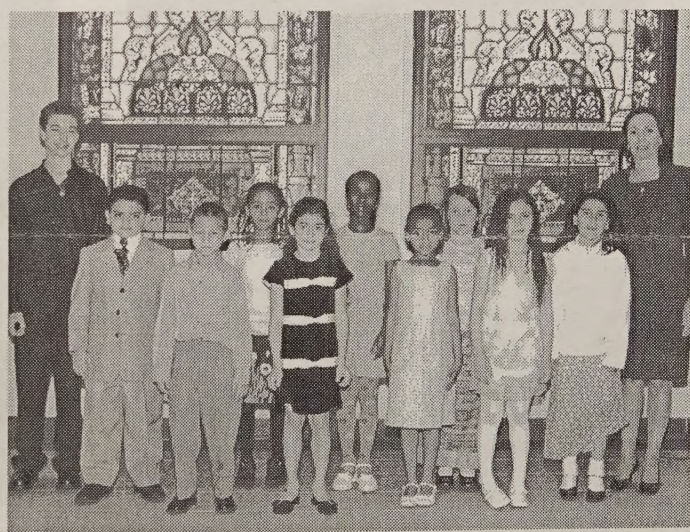
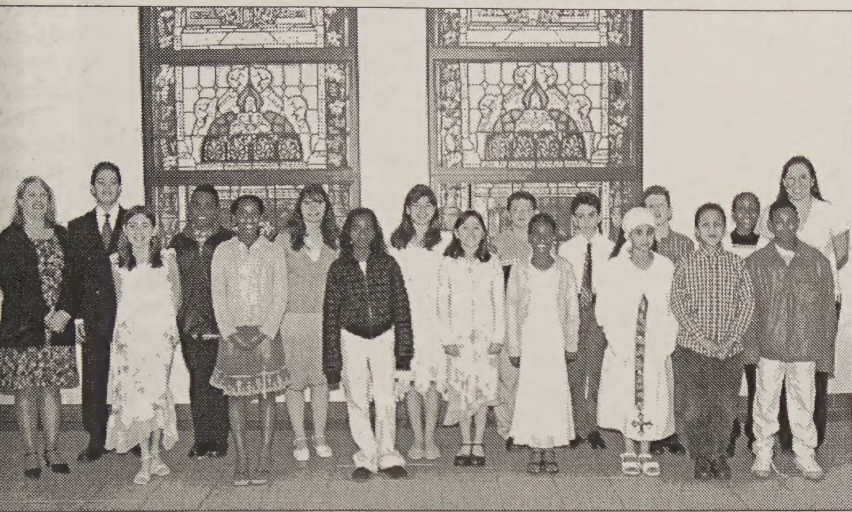
IONIAN VILLAGE

Finally, a third option is the one held at the Ionian Village, on the shores of the Ionian Sea, in Greece. During 2005 two summer sessions at Ionian Village will be offered. One is for young people in grades 7 through 9. This will take place July 1st through July 19. The second is for young people in grades 10 through 12. This will take place July 25th through August 13th. For more information, visit the web site, www.ionianvillage.org. You may also call the Ionian Village office, at 646 519-6190. While Ionian Village is far, located as it is along the Ionian Sea, in Greece, those who have attended in past years attest that it is a life-altering experience. There is nothing like the Orthodox life sessions there, one hears over and over again. Do give this option your utmost consideration.

CATHEDRAL/LADIES PHILOPTOCHOS AWARD SCHOLARSHIPS

This year, scholarships were awarded to **Juliana Christina Rotter**, **Constantine Tsagaris**, **Gus Vouchilas**, and **George Tsagaris**. Juliana, who will be attending MIT to study chemical/biomedical engineering, has been awarded both the John N. Pappas Scholarship and a Cathedral Ladies Philoptochos Scholarship, each in the amount of \$1,000; Dean, who will be attending San Francisco Law School, has been awarded a Cathedral Ladies Philoptochos Scholarship, in the amount of \$1,000; Gus, who is working on a doctorate in Education, was awarded a Cathedral Ladies Philoptochos Scholarship in the amount of \$500, and George, who is pursuing a business degree from Skyline College, has been awarded the Christos Tsikitas Scholarship, in the amount of \$500. Their certificates will be presented at the Father's Day Luncheon on June 19.

SOME OF OUR
SUNDAY SCHOOL CLASSES ON PALM SUNDAY



Cathedral Visual Memories

Mother's Day Snapshots!



METROPOLIS CLERGY-LAITY ASSEMBLY

With Metropolitan Gerasimos presiding, our Metropolis Clergy-Laity took place at the St. Nicholas Ranch and Retreat Center May 23 and 24. Our community was represented by Father Stephen and Pat Aleck, who are also members of the Metropolis Council. Noteworthy were: the financial reports for both the Metropolis and the Archdiocese and the adoption of the Metropolis budget for 2005; the reading of the new regulations of our Archdiocese, which govern the Metropolises, the parishes, and the institutions of our Archdiocese; the reports of the work and progress of our various Metropolis ministries, including Church Music Federation, Commission for Orthodox Mission and Evangelism, Folk Dance Festival, Metropolis Philoptochos, Stewardship Ministries, and Youth Ministry. The creation of a new Ministry on Marriage the Family is an exciting undertaking, inasmuch as it will be concerned with the stabilizing dynamics of the sacredness of marriage and of our Orthodox Christian families.

A new provision, put forth by the new Regulations, is the requirement that representation at the Metropolis Clergy-Laity include two community members elected at the Parish Assembly. The next Metropolis Clergy-Laity is scheduled to take place at the St. Nicholas Ranch and Retreat Center, Monday, February 27 and Tuesday, February 28, 2006. The two delegates from our Cathedral, in addition to the Priest and the Parish Council President, who automatically represent the parish, will be elected at the November 20, 2005 Parish Assembly.

FESTIVAL 2005 WE INVITE YOUR INVOLVEMENT AND SUPPORT

Before you know it, it's Festival time. September 16, 17 and 18, 2005 are the dates for this year's Festival. Tessie Obester, who chaired last year's Festival, will chair this year's festival, along with Paul Sogotis, who will lead the effort during the time that Tessie will be in Greece. A meeting of the festival co-chairs (heads of all the aspects of the festival, as enumerated in our last two issues of the Herald) will take place at the Cathedral on Wednesday, June 1. Once again, the assistance of the entire community is being requested. Think of areas where you would like to be involved. Following is a list of the committees and the names of the committee chairs: Ad Book: Fr. Stephen, Angie Leventis, Pat Aleck, Presbyteria Aliko Kyriacou; Wine Tasting: John Sooklaris; Raffle: Tom Nuris; Tavernas: Justin Kyriacou, Dr. George Ambadiotakis, Tom Moulas; Gyro: Athena Stavarakas; Deli: Peter Manetas, Nick Kontonis; Octopus: Niko Stathopoulos; Pastries: Cathedral Ladies Philoptochos; Food Line: Tatiana Kyriakides; Cashiers: Genie Mantzoros; Vendors: Tessie Obester; Underwriters/Donors: Paul Sogotis; Volunteers: Caroline Pappajohn; Public Relations: Sia Sooklaris; Entertainment: Tessie Obester; Web Site Upkeep: Jim Lucas; Cooking Schedule/Cooking: Paul Sogotis/Tatiana Kyriakides; Paidakia: Phil Chiappari; Set-up & Layout (heavy equipment/soft materials): Tessie Obester; Procurement of Supplies: Paul Sogotis; Dance Group Relations: Irene Kyriacou; The following still need chair-people: Merchandising; To Go Booth; Guest Invites; Admissions; Car Raffle.

Another way in which you can lend support is by contributing to the Festival Program Book. This book, which features recipes, history, and glimpses into our building program, is a keepsake. The various levels of support are as follows: Outside Back Cover: \$4,000 (already

spoken for); Inside Front Cover: \$1,500; Inside Back Cover: \$1,000; Full Page: \$500; Half Page: \$250; One-quarter Page: \$150; and Friends of the Festival: \$50 or more. This last category is for individual family names only (not available to businesses); the names will be listed on a separate page, together with other friends. The book will also feature a section for Festival sponsors. The space allotted will be commensurate with the level of sponsorship. For example, a sponsorship of \$500 (the minimum level of sponsorship for inclusion in the Program Book) will be acknowledged on a half page.

Look for the contract form, which will be mailed to you shortly. This year, we will endeavor to elicit 100% support from the community. In this way, the Festival will be generate a net of at least \$125,000, which is needed both to support our programs and to put into place the plan for our building program.

SAE PRESIDENT CHRISTOS TOMARAS TO SPEAK AT CATHEDRAL ON JUNE 12

Christos Tomaras, who will be in San Francisco to attend the dinner hosted by the United Societies in honor of Consul General and Mrs. Touloupas on June 12, will attend the Divine Liturgy at the Cathedral in the morning and will address those interested in matters having to do with registration and taxation of properties in Greece. A number of parishioners of the Cathedral and throughout the Bay Area own property in Greece.

Mr. Tomaras, who is president of the American Region of SAE, is well versed in these matters and will speak to those interested, in the Kytherian Room, following the Divine Liturgy.

FURTHER ON OUR 70th

As previously announced, we are making plans to mark the 70th Anniversary of the founding of the Annunciation. Please mark the date on your calendars: November 11, 2006. This date will most likely also kick off our building program. It will also celebrate a glorious parish history.

Recall that our community began in 1921 as St. Sophia. Following six years in a church at Hayes and Pierce Streets in San Francisco, in 1927, the community acquired the Valencia Street Theater, which it turned into a church. Meanwhile, the community was named as Cathedral Church for the newly established Diocese of San Francisco. (Initially there were four Dioceses which made up the Archdiocese, established in 1922; these were: New York, Boston, Chicago and, of course, San Francisco.) In 1936 the community reorganized and became known as "United Greek Orthodox Community of San Francisco, The Annunciation." Since then, it has been known, simply, as "Annunciation Cathedral." Except for a brief period of time when the Cathedral was relocated to the newly constructed St. Sophia in Los Angeles, during the 1950's, Annunciation has always been the Cathedral Church for the Diocese, now the Metropolis of San Francisco.

St. Sophia in Los Angeles continues to be called a cathedral church, and a number of other churches in the Metropolis have been named cathedral churches (such as SS Constantine and Helen's in Honolulu, Ascension in Oakland, and Holy Trinity in Phoenix). However, Annunciation is the Metropolitan's Cathedral Church. The others are, as the late Metropolitan Anthony used to say, "honoris causa," or "honorary cathedrals." They have been so named because of their distinguished service in our Metropolis.

The date, once again: November 11, 2006.

ΝΕΑ ΤΟΥ ΕΥΑΓΓΕΛΙΣΜΟΥ

Ο ΚΑΘΕΔΡΙΚΟΣ ΝΑΟΣ ΑΠΟΧΑΙΡΕΤΑ ΤΟΝ ΓΕΝΙΚΟ ΠΡΟΞΕΝΟ ΤΗΣ ΕΛΛΑΔΑΣ ΜΑΖΙ ΜΕ ΤΗΝ ΟΙΚΟΓΕΝΕΙΑ ΤΟΥ

Στις 5 Ιουνίου, ημέρα Κυριακή, η Κοινότητα του Καθεδρικού Ναού αποχαιρετά τον Γενικό Πρόξενο της Ελλάδας, τον κ. Δημήτρη Τουλούπα, την κυρία Τουλούπα και τα παιδιά τους, προσφέροντας τον καφέ μετά τη Θεία Λειτουργία προς τιμή τους. Εντός ολίγων εβδομάδων η οικογένεια Τουλούπα φεύγει από το Σαν Φρανσίσκο για την Άγκυρα (Τουρκία) όπου ο κ. Τουλούπας θα συνεχίσει να προσφέρει τις υπηρεσίες του. Τους ευχαριστούμε για όλα όσα προσέφεραν στην ομογένεια εδώ και τους ευχόμαστε τα βέλτιστα.

Η ANNA ΚΑΙ Ο ΕΥΑΓΓΕΛΟΣ ΜΟΥΝΤΑΝΟΣ ΑΦΙΝΟΥΝ ΣΤΟΝ ΚΑΘΕΔΡΙΚΟ ΝΑΟ \$5 ΕΚΑΤΟΜΜΥΡΙΑ

Όπως ανανοινώσαμε επίσημα στις 5 Μαΐου, όταν πληροφορηθήκαμε σχετικά, οι αείμνηστοι Άννα και Ευάγγελος Μούντανος άφησαν στον Καθεδρικό Ναό, μάλιστα στο ταμείο οικοδομής, ένα μέρος της περιουσίας τους, που ανέρχεται περίπου στα \$5 εκατομμύρια. Πληροφορώντας τους πιστούς μας την νύκτα της Αναστάσεως, ο Πατέρας Στυλιανός, σημειώνοντας την προσφορά αυτή (σίγουρα η μεγαλύτερη που έχει λάβει ποτέ ο Καθεδρικός Ναός) παρακάλεσε το εκκλησίασμα να προσεύχεται για την ανάπαυση των ψυχών τους, αναγνωρίζοντάς τους ως "Μεγίστους Ευεργέτες."

Η ΣΤΑΥΡΟΥΛΑ ΧΑΜΠΕΡΗ "ΜΗΤΕΡΑ ΤΟΥ ΕΤΟΥΣ"

Πριν την έναρξη του γεύματος-φάσιον σόου προς τιμή των μητέρων μας, στις 7 Μαΐου, εκ μέρους της Φιλοπώχου Αδελφότητας του Καθεδρικού μας Ναού, ονομάστηκε "Μητέρα του Έτους" η Σταυρούλα Χαμπέρη, ενεργό μέλος της κοινότητάς μας εδώ και 60 χρόνια. Στην ομιλία της, η κ. Χαμπέρη ευχαρίστησε την "Μητέρα των μητέρων," την Παναγία, που είναι "πάντων τών θλιβομένων ή χαρά...καταπονουμένων σκέπη καί αντίληψις...Μήτηρ τοῦ Θεοῦ καί 'Γνίστου..." Συγχαίρουμε τη Σταυρούλα, μια άξια μάνα, γιαγιά, φίλη, και εν Χριστώ αδελφή. Της αξίζει. Άξια.

ΓΕΝΙΚΗ ΣΥΝΕΛΕΥΣΗ ΤΟΥ ΚΑΘΕΔΡΙΚΟΥ ΝΑΟΥ

Η πρώτη Γενική Συνέλευση των μελών του Καθεδρικού Ναού πραγματοποιήθηκε στις 15 Μαΐου, μετά τη Θεία Λειτουργία. Εκτός από τις αναφορές (αντές που εσημειώσαμε σε προηγούμενο δελτίο) τόσον του ταμία όσον και των εκπροσώπων των διαφόρων επιτροπών, η Συνέλευση ονόμασε τον Γιώργο Μάτη, την Άννα Μακλόφλιν, και τον Θεόδωρο Λεβέντη μέλη της Ονομαστικής-Εκλογικής Επιτροπής που θα φροντίσει για τις εκλογές του Κοινοτικού Συμβουλίου στις 11 Δεκεμβρίου. Η επόμενη Συνέλευση των μελών του Καθεδρικού Ναού θα λάβει χώρα την Κυριακή, 20 Νοεμβρίου μετά την Θεία Λειτουργία.

ΚΛΗΡΙΚΟ-ΛΑΪΚΗ ΣΥΝΕΛΕΥΣΗ ΤΗΣ ΜΗΤΡΟΠΟΛΕΩΣ

Ήταν η πρώτη Κληρικο-λαϊκή Συνέλευση του νέου μας Μητροπολίτου, κ. Γερασίμου. Έλαβε χώρα στο Ίδρυμα του Αγίου Νικολάου 23-24 Μαΐου. Εδόθηκε στους εκπροσώπους των διαφόρων κοινοτήτων της Μητροπόλεως μας (υπάρχουν

γύρω στις 70 κοινότητες) η ευκαιρία να συζητήσουν τα διάφορα θέματα που αφορούν την κάθε κοινότητα ατομικά, και την Μητρόπολη μας συνολικά, και να προγραμματίσουν για το μέλλον. Η επόμενη Κληρικο-λαϊκή Συνέλευση της Μητροπόλεως μας θα λάβει

ΦΕΣΤΙΒΑΛ 2005

Σημειώστε τις ημέρες του εφετινού μας φεστιβάλ....16, 17, και 16 Σεπτεμβρίου. Με την βοήθεια και συμπαράσταση όλων, όπως και εις το παρελθόν, το φεστιβάλ θα έχει επιτυχία και ως προς την οικονομική ενίσχυση των διαφόρων προγραμμάτων που παρέχει η κοινότητά μας αλλά και ως προς το θαύμα που λέγεται οικογένεια. Η κοινότητα μας είναι και μια οικογένεια. Εδώ μαθαίνουμε να βοηθάμε ο ένας τον άλλον, εδώ μαθαίνουμε να κάνουμε τα αδύνατα δυνατά. Εδώ συναντάμε τον Χριστό. Σε άλλο μέρος του παρόντος δελτίου θα ιδείτε τις διάφορες επιτροπές στις οποίες τυχόν επιθυμείτε να εργασθείτε. Επικοινωνήστε με την Αναστασία Καλλιγέρου Όμπεστερ ή με τον Παύλο Σογότη, που έχουν αναλάβει την προεδρία του εφετινού φεστιβάλ.

ΘΑ ΟΜΙΛΗΣΕΙ Ο Κ. ΤΟΜΑΡΑΣ ΓΙΑ ΘΕΜΑΤΑ ΙΔΙΟΚΤΗΣΙΑΣ

Καλείσθε την Κυριακή 12 Ιουνίου να ακούσετε τον κ. Χρήστο Τομαρά, πσυντονιστή του ΣΑΕ στην Αμερική, μετά τη Θεία Λειτουργία, 12:30-3:00 μ.μ. στην μικρή αίθουσα συνεδριάσεως του Καθεδρικού Ναού. Ο κ. Τομαράς θα μιλήσει για θέματα που αφορούν ιδιοκτησίες (οικόπεδα, αγροτεμάχια, οικίες κλπ.) στην Ελλάδα. Την ίδια μέρα θα γίνει η απονομή ενδυκτικών στα παιδιά του Κατηχητικού Σχολείου του Καθεδρικού Ναού και θα επακολουθήσει γεύμα, που προσφέρει η κοινότητά σε συνεργασία με το ΣΑΕ, δωρεάν.

ΣΧΕΤΙΚΑ ΜΕ ΤΑ 70 ΜΑΣ ΧΡΟΝΙΑ

Σημειώστε την ημερομηνία...11 Νοεμβρίου 2006. Ο Ευαγγελισμός γίνεται 70 χρόνων. Η κοινότητα μας ιδρύθηκε, ως είναι γνωστό, το έτος 1921. Ήταν γνωστή τότε ως Αγία Σοφία, ονομάστηκε δε Καθεδρικός Ναός της καινούργιας, τότε, Επισκοπής Αγίου Φραγκίσκου. Πρόεδρος του Καθεδρικού Ναού ήταν ο Επίσκοπος Κάλλιστος, και ιερέας ο Πατέρας Καραβέλλας, ο Πατέρας Σπυρόπουλος, ο Πατέρας Τσαπραλής και, κατόπιν, ο Πατέρας Λόκκης. Το 1936 η Αγία Σοφία έγινε Ευαγγελισμός. Στις 11 Νοεμβρίου του χρόνου θα γιορτάσουμε την λαμπρά και πλούσια αυτή ιστορία και θα χαράζουμε το μέλλον, προφανώς αρχίζοντας επίσημα τον έρανο για να κτίσουμε τον ναό.

Η ΦΙΛΟΠΤΩΧΟΣ ΕΚΛΕΓΕΙ ΠΡΟΕΔΡΕΙΟ

Στις 19 Μαΐου η Φιλοπώχος Αδελφότητα του Καθεδρικού μας Ναού εξέλεξε 19 μέλη του νέου Διοικητικού Συμβουλίου. Στη συνέχεια, στις 25 Μαΐου, το Συμβούλιο εξέλεξε το Προεδρείο της οργάνωσης για τα επόμενα δύο χρόνια. Οι αξιοματούχοι είναι: Πρόεδρος η Αγγελική Λεβέντη, Πρώτη Αντιπρόεδρος η Αικατερίνη Δερμιτζάκη, Δεύτερη Αντιπρόεδρος η Ευστρατία Σουλτανάκη, Γραμματείς η Ακριβή Αργυρή και Πετρούλα Ντεστίν, Ταμείς η Μόνα Άρντζεν και Αναστασία Όμπεστερ, και Σύμβουλος η Κωνσταντίνα Παναγιωτάκου.

Η ΓΙΟΡΤΗ ΤΟΥ ΠΑΤΕΡΑ

Καλείσθε όλοι να τιμήσουμε τους πατέρες μας, εκλέγοντας "Πατέρα του Έτους," την Κυριακή 19 Ιουνίου. Η Φιλοπώχος Αδελφότητα του Καθεδρικού Ναού θα παρουσιάσει ένα ελαφρύ γεύμα, στο οποίο καλείσθε να παρακαθήσετε. Επίσης, θα γίνει η διανομή ενδυκτικών στα παιδιά που έλαβαν υποτροφίες, και από την Κοινότητα και από την Φιλοπώχο.

WORDS FROM THE FATHERS

As part of the Year of the Family observances, inaugurated by our Holy Archdiocese, a table prayer guide has been published. This table prayer guide is meant to grace the table where the family gathers for its meal. A beautiful publication, the guide contains prayers of various kinds. We call them "words from the Fathers." From time to time, we will be reprinting one or two in the monthly Herald. Following is a beautiful prayer, found on page 23, entitled simply, "For Marriage:"

O merciful God, we beseech You ever to remind us that the married state is holy, and that we must keep it so. Grant us Your Grace, that we may continue in faithfulness and love. Increase in us the spirit of mutual understanding and trust, that no quarrel or strife may come between us. Grant us Your blessings, that we may stand before the people and in Your sight as an ideal family. And by Your mercy, account us worthy of everlasting life: for You are our sanctification, and unto You we ascribe glory: to the Father, and to the Son, and to the Holy Spirit, now and forever, and unto the ages of ages. Amen.

EDUCATION

INTRODUCING THE ORTHODOX CHURCH

This course, which has resulted in a number of adult baptisms/chrisinations, taught by **Father Paul Schroeder**, Sunday mornings 9-10 a.m., will be ending for the summer on Sunday, June 12. It will resume Sunday, September 11.

SUNDAY BIBLE STUDY

Our Sunday Bible Study, which this year focused on the relationship of mind/soul/body in connection with salvation and the afterlife, taught by **Marina Taylor**, will conclude its work on Sunday, June 12. It will resume Sunday, September 11.

EARNING COMMUNITY

Our Thursday evening study, which this year focused on the Psalms, also taught by **Father Paul Schroeder**, is concluding its work Thursday, June 9. It will resume Thursday, September 29.

PAOI TO HOLD SUMMER INSTITUTE

The **Patriarch Athenagoras Orthodox Institute** will hold its summer institute June 22-25, 2005 at the Institute in Berkeley. The program will feature three intensive courses taught by leading Orthodox theologians in the United States.

Rev. Dr. Thomas FitzGerald will teach the first course, "Jesus Christ: His Church and His World." The first session of the course will focus on the person and ministry of Jesus Christ and how the Church, from Pentecost to the even Ecumenical Councils, came to understand, to express, and to live according to His teachings and example. The second session, "Orthodoxy in America," will present the development of the Orthodox Churches in the United States, from their establishment in the Russian mission in Alaska, to the development of multiple jurisdictions in the 20th century and the attempts to unify them.

Dr. Kyriaki Karidoyanes FitzGerald will teach the second course, "Saints as Models of Holiness." This will be a close look at the lives of select women and men in the Orthodox Church who devoted their lives to Christ and the Church for how they might direct the spiritual journey of contemporary Christians. Married saints, male and female saints, martyrs and others are presented as models for living the Christian life today.

ing the Christian life today.

The third course of the Summer Institute is "Happy In the Lord: The Beatitudes and Orthodox Spirituality" which will be taught jointly by the **FitzGerald**s. This course, more retreat like in its orientation will be an exploration of the eight Beatitudes as they relate to followers of Christ in their everyday experience. Following the model of early commentaries of the Church, this course will discuss the basics of Christian faith, while offering practical counsel for Christian living.

The final course will be taught by the Institute's own **Dr. John Klentos**. "In Spirit and Truth: Liturgical Spirituality for the 21st Century" will have historical background for what we do and say in Church as well as suggest an Orthodox Liturgical Spirituality. The goal is to help participants better understand and pray the Church's liturgy in 21st century America.

The program will cost \$125 for the entire Institute, with a fee for daily participation. All courses will be taught during the day, allowing out-of-towners to enjoy the Bay Area and local residents an evening at home. It is possible to attend only one course and there are special rates for college students, senior citizens, and parish groups of three or more.

For a detailed schedule and registration information, you can download the Summer Institute packet at: <http://orthodoxinstitute.org/files/SummerInstitute2005.pdf>

RECENT SERVICES AT THE CATHEDRAL

BAPTISM

Nikolas, son of **Brennan Juan Morales** and **Tracee Ann Joulis**, was baptized at the Cathedral May 21. His sponsor is **Bertha Maria Kallas**.

Na Mas Zisi! (Long Life!)

CHRISMATIONS

Susan Anna Kathleen McLaughlin was received into the Church through the sacrament of Chrismation on April 30. Her sponsors are **George Copulos** and **Gus Vouchilas**.

Bertha Maria Flanigan Kallas was received into the Church through the sacrament of Chrismation on May 15. Her sponsor is **Alexandra Kallas**.

Tracee Ann Joulis Morales was received into the Church through the sacrament of Chrismation on May 15. Her sponsor is **Kim Cowden**.

Na Mas Zisoun! (Long Life!)

MARRIAGE

The marriage of **Paul (Polycarpus) Gryfakis** and **Valerie Lydia Reyes** was celebrated at the Cathedral on May 28. Their sponsor is **Stephanie Gryfakis**.

Na Mas Zisoun! (Long Life!)

FUNERAL/DEATH

Antonios V. Koutsakis, who fell asleep in the Lord on April 23, was buried April 27. He is survived by his wife, **Eleni**, their children, **Rose** and **Vasilios**, and grandchildren.

Mary Chituras Nichols, who fell asleep in the Lord on May 9, was buried May 12. She is survived by a daughter, **Juanita Banis**, and four grandchildren, **Yvonne Banis**, **Barbara Smith**, and **Bill** and **Mary Vlahos**.

Aionia Afton I Mnimi! (Memory Eternal!)

DATES
TO REMEMBER

August 5 - 10, 2005

Annunciation
Summer Camp

September 16 - 18, 2005

Food Festival

NOVEMBER 11, 2006

70th Anniversary
Celebration

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HAPPY  
FATHER'S DAY  
to all  
OUR DADS!  
  
ENJOY the Day!

ANNUNCIATION CATHEDRAL

245 VALENCIA STREET, SAN FRANCISCO, CA 94103-2320



Orthodox Institute  
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Berkeley, CA 94709